

CIRCLE OF CARE



**Your Aging & Disability
Resource Center**

Area Agency on Aging

PALM BEACH / TREASURE COAST, INC.

Welcome to Your Aging & Disability Resource Center



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Nine years ago I was proud to have been selected as CEO of the Area Agency on Aging of Palm Beach/Treasure Coast. Since that time we have evolved into Your Aging & Disability Resource Center serving not only seniors, but adults with a disability, veterans of all ages and those who care for them. The number of those we are to serve grows ever so quickly while the resources, financial and human, struggle to keep up. The task is enormous and each day reinforces my belief that we must expand our network to include not only the social, but the medical and mental health services as well. This is the path to a comprehensive and solid Circle of Care.



This July, I will take on the volunteer role of President of the Florida Association of Area Agencies on Aging (F4A) with the clear vision of unifying and expanding the Aging Network to more effectively serve and more forcefully advocate for Florida's seniors, adults with disabilities and those who care for them.

I believe we, and our key partners, such as the Florida Association of Service Providers and the Florida Council on Aging, must unite to forge a strong and positive relationship with all elected officials and most certainly the next Florida administration. Since Florida is truly where America is rehearsing its future, I want to see Florida return to being a leader in the arena of national policy issues and services to ensure our mission of helping to keep seniors in their communities where they are able to live with dignity and independence.

We believe in a core value system of **Humility**- the willingness to lift up others and put their needs first; **Gratitude/Appreciation**- being thankful for and recognizing others for their respective roles; **Respect**- for everyone! and **Responsibility/Accountability**- accepting personal and shared responsibility and being accountable. With an **incredible** team practicing our **core values**, our local, state and national Aging Network Partners and a motivated community, there is hope.

I invite you to be our partner ~ to support a senior neighbor, to advocate for the rights of seniors, adults with disabilities and caregivers by calling or writing to government officials and, most importantly, to vote. It is our right and our privilege to build and protect our Circle of Care.

Jaime Estremera-Fitzgerald
CHIEF EXECUTIVE OFFICER



JAIME ESTREMER-FITZGERALD,
CHIEF EXECUTIVE OFFICER

WHO ARE WE?

In a culture that thrives on teamwork and rewards innovation, dedication and creative thinking, Your Aging & Disability Resource Center strives for superior customer service to each other and to our seniors, adults with disabilities and their caregivers through our **Centers of Excellence.**

Centers of Excellence

Charitable Giving
Communications/Events
Consumer Care & Planning
Elder Rights
Emergency Management
Fiscal
Foster Grandparent Program
Healthy Living
Helpline
Human Resources
Information Technology
Organizational Integrity
Pre-K Mentor Program
SHINE

Your Aging & Disability Resource Center's **Helpline** is staffed by a corps of trusted, compassionate, professional specialists who help seniors, adults with disabilities and their caregivers find answers and make informed decisions. Specialists are available to help in English, Spanish and Creole. Services are available to the entire community seeking answers on aging or looking for service providers. Part of a nationwide network, Your Aging & Disability Resource Center provides information on aging issues, advocacy, one-on-one assistance and a host of services that help seniors maintain their independence. The **Helpline is the gateway** to publicly funded services for seniors.

¿QUIENES SOMOS NOSOTROS?

En una cultura que prospera con trabajo en equipo y que recompensa innovación, dedicación, y creatividad, Your Aging & Disability Resource Center se esfuerza en proveer excelente servicio a clientes – entre el personal y a las personas mayores y sus cuidadores – por nuestros **Centers of Excellence.**



JAIME ESTREMER-FITZGERALD,
CHIEF EXECUTIVE OFFICER

Centers of Excellence

Charitable Giving
Communications/Events
Consumer Care & Planning
Elder Rights
Emergency Management
Fiscal
Foster Grandparent Program
Healthy Living
Helpline
Human Resources
Information Technology
Organizational Integrity
Pre-K Mentor Program
SHINE

La línea para ayuda a personas de la tercera edad, patrocinada por **Your Aging & Disability Resource Center**, está administrada por especialistas profesionales, compasivos, y dignos. Ellos encuentran soluciones y hacen decisiones razonadas. Se pueden aconsejar en español, inglés, y creole. Servicios están disponibles para todos en la comunidad buscando información sobre envejecimiento o proveedores de servicios. Parte de una red nacional, Your Aging & Disability Resource Center ofrece muchos servicios que facilitan la independencia de personas mayores.

WHY ARE WE?

The Older Americans Act was a response to Congressional concerns about the lack of community social services for senior citizens, especially those at risk of losing their independence.

The Older Americans Act focuses on improving the lives of older people in the areas of income, housing, health, employment, retirement and community services.

The Older Americans Act established the Area Agencies on Aging and the National Aging Network.

The federally funded Older Americans Act provides a variety of in-home and community-based services without cost to persons 60+ through the "aging network". While people 60 years and older are eligible for Older Americans Act programs, services are funded for individuals with the greatest economic and social need. Support services for family caregivers are also available.



JULY 14, 1965
LYNDON B. JOHNSON SIGNING THE
OLDER AMERICANS ACT



STATEMENT BY ASSISTANT SECRETARY KATHY GREENLEE ON THE 45TH ANNIVERSARY OF THE SIGNING OF THE OLDER AMERICANS ACT



On July 14, 1965 President Johnson signed the Older Americans Act into law. Sixteen days later, on July 30, he signed legislation creating Medicare and Medicaid. These three programs, along with Social Security enacted in 1935, have served as the foundation for economic, health and social support for millions of seniors, individuals with disabilities and their families. Because of these programs, millions of older Americans have lived more secure, healthier and meaningful lives. The Older Americans Act has quietly but effectively provided nutrition and community support to millions. It has also protected the rights of seniors, and in many cases, has been the key to independence.

In 1965, there were about 26 million Americans age 60 and over. Today, there are 57 million older Americans 60 and over, with many more on the immediate horizon. Our senior population is not only growing larger, but becoming more diverse. Adults over 80 are our fastest growing group, and many will need long term care. Reliance on family members, who currently provide 80 percent of the long term care assistance for our nation's seniors, will increase.

The historic enactment of the Affordable Care Act (ACA) by President Obama on March 23, 2010 provides us with another tremendous opportunity to harness the successes and progress of the last four decades to further improve the health and lives of older Americans and support their caregivers. The ACA represents the biggest change in our national health care delivery system since 1965. And just as they were in 1965, the programs of the Older Americans Act - and our national aging network of state, tribal and community-based organizations, service providers, volunteers and family caregivers - will be called upon to complement, support and enhance these changes. How successfully we weave these multiple responsibilities together will say much for how we will care for seniors in the future.

¿PORQUE SOMOS NOSOTROS?

El Congreso reacciona a la falta de servicios para ancianos en la comunidad, con el **Older Americans Act**. Se angustiaban sobre los riesgos que afrontaron personas mayores, por ejemplo la pérdida de independencia.

El **Older Americans Act** se concentra en mejorar la calidad de vida de personas mayores en asuntos económicos, y en salud, jubilación, y apoyo general.

El **Older Americans Act** creó la red de programas para ancianos en los estados unidos, y creo las Area Agencies on Aging que existen en cada comunidad.

El Older Americans Act, financiado por el gobierno federal provee una variedad de servicios en casa y en la comunidad, gratis, a personas que tienen 60 o más años de edad por una red de agencias. Mientras que se estableció el Older Americans Act para todos que sean elegibles por edad, se priorizan servicios para los que tienen pocos recursos y necesidades más severas. Respiro y consejo para familiares también están disponibles.



14 DE JULIO, 1965
LYNDON B. JOHNSON FIRMANDO EL
OLDER AMERICANS ACT

DECLARACIÓN DE SECRETARIA AUXILIAR GREENLEE EN EL 45 ANIVERSARIO DE LA APROBACIÓN DEL OLDER AMERICANS ACT:



El 14 de julio, 1965, el presidente Johnson aprobó el Older Americans Act. Dieciséis días luego, en el 30 de julio, el firmó las leyes que incluyeron Medicare y Medicaid. Estos tres programas, con Social Security que se creó en 1935, han sido la fundación de apoyo social, económico, y sanitario para millones de personas mayores, personas discapacitadas, y sus familias. A causa de estos programas, millones de ancianos han vivido vidas más seguras, sanas, y significativas. El Older Americans Act sutilmente ha proveído nutrición y amparo efectivamente a millones. También, la ley ha protegido los derechos de personas de la tercera edad, y en muchos casos ha sido la clave de su independencia.

En 1965 habían 26 millones americanos con 60 o más años de edad. Hoy en día hay 57 millones de americanos mayores, y más en el horizonte. La población está creciendo, y vienen de entornos diversos. El grupo más grande es el de personas con mas de 80 años de edad, y muchos pasarán algún tiempo en asilos. Ahora sus familiares proveen 80% de la ayuda personal a personas mayores.

La nueva ley histórica, el Affordable Care Act (ACA) aprobado por presidente Obama en 23 marzo, 2010, nos ofrece una oportunidad de aprovechar los éxitos y el progreso de las últimas 4 décadas, para mejorar la calidad de vida de personas mayores y sus cuidadores. El ACA significa el primer cambio en nuestro sistema de seguros médicos desde 1965. Y como era en 1965, los programas del Older Americans Act (nuestra red de agencias en las comunidades, los estados, tribus nativas, profesionales, voluntarios y familiares) tendrán que sostener, realizar y complementar los cambios. Nuestro éxito en tejer estas responsabilidades indicará el bienestar de nuestros ancianos en el futuro.

WHAT ARE WE?



Your Aging & Disability
Resource Center
Area Agency on Aging
PALM BEACH / TREASURE COAST, INC.

Your Aging & Disability Resource Center is a dynamic, private, nonprofit organization dedicated to serving seniors, adults with disabilities and those who care for them.

Your Aging & Disability Resource Center, your local Area Agency on Aging, is the leader of the Aging Network in Planning and Service Area 9 which includes **Indian River, Martin, Okeechobee, Palm Beach and St. Lucie counties.**

Your Aging & Disability Resource Center **Helpline** is the **gateway to services** for seniors, adults with disabilities and their caregivers.
Services are available to the entire community regardless of ability to pay.
Professional, dedicated staff is here to help in English, Spanish and Creole.

Let's face it: life gets a bit more complicated as we get older; it's good to know where to turn.

Helpline
1.866.684.5885

Our Mission

is to promote, support and advocate for the independence, dignity and wellbeing of seniors, adults with disabilities and those who care for them in a manner that values diversity, reflects the communities we serve and embraces the collaboration of the **Aging Network.**

Growing older has its rewards...
one of the finest is Your Aging & Disability Resource Center
with its Aging Network.

Your Aging & Disability Resource Center es una organización dinámica sin fines de lucro, dedicada a servir personas mayores, adultos con discapacidades y sus cuidadores. Your Aging & Disability Resource Center/Area Agency on Aging of Palm Beach/Treasure Coast, Inc. es líder de la red 'Aging Network in Planning and Service Area 9' que incluye los condados de **Indian River, Martin, Okeechobee, Palm Beach and St. Lucie counties.**

Your Aging & Disability Resource Center **Helpline es la puerta** de servicios para personas mayores, adultos con discapacidades y sus cuidadores. Nuestros servicios están disponibles a toda la comunidad, incluso los de bajos recursos. Personal profesional y dedicado está aquí para ayudarle en inglés, español y creole.

Afróntemoslo: La vida se complica cuando tenemos más edad. Es una ventaja saber adónde ir.

Helpline
1.866.684.5885

Nuestra Misión

es promover, apoyar y abogar por la independencia, dignidad y el bienestar de las personas mayores, adultos con discapacidades y aquellos que los cuidan, en una manera que valora la diversidad, refleja las comunidades que servimos y abraza la colaboración de la red de envejecimiento.

Envejecer tiene su recompensa...
una de las mejores recompensas es
Your Aging & Disability Resource Center
con sus Aging Network.

Introducing Your Aging Network



PLANNING & SERVICE AREA 9

The Area Agency on Aging of Palm Beach/Treasure Coast, Inc., Your Aging & Disability Resource Center, is a dynamic private nonprofit organization dedicated to serving the needs of seniors, adults with disabilities and those who care for them in Palm Beach, Martin, St. Lucie, Indian River and Okeechobee counties. Services are funded by the Area Agency on Aging and provided through the Aging Network to provide a **Circle of Care**.

LEAD AGENCIES AND SERVICE PROVIDERS

Alzheimer's Community Care, Inc.
Council on Aging of Martin County, Inc.
Council on Aging of St. Lucie County, Inc.
Critical Signal Technologies
Division of Senior Services,
Palm Beach County

Federation Transportation Services, Inc.
Florida Rural Legal Services, Inc.
Legal Aid Society of Palm Beach County
M. D. Home Health, LLC
Morse Life Care Management & Counseling,
A program of Kramer Senior Services

Okeechobee Senior Services
Palm Tran, Palm Beach County
Ruth & Norman Rales Jewish Family Services
Senior Resource Association
The Volen Center



Is your Adult Day Care provider *Specialized*?

All 11 of Alzheimer's Community Care's Specialized Alzheimer's Adult Day Care Centers carry a specialized license.

Specialized Day Care:

Individualized plan of care with
MANDATED updates at least quarterly

PLAN OF CARE

Cognition **MUST** be assessed upon
admission, at least annually & with
any significant change

COGNITIVE ASSESSMENT

A Registered Nurse or Licensed
Practical Nurse **MUST** be on site at
least 75% of the hours of operation

NURSING CARE & SUPERVISION

MONTHLY health assessment
REQUIRED, including weight, vital
signs & level of assistance needed

MONTHLY HEALTH MONITORING

ONE staff member for every
FIVE patients

STAFF RATIOS

Direct care staff - **4 HOURS** of training
within **3 MONTHS**; additional **4**
HOURS within **6 MONTHS** of hire

DISEASE SPECIFIC TRAINING

Therapeutic activities **MUST** be
provided at least **70%** of the time
that the day center is open

ACTIVITIES

Adult Day Care:

NO REQUIREMENT

NO REQUIREMENT

NO REQUIREMENT

NO REQUIREMENT

ONE staff member for every
SIX attendees

Direct care staff - **4 HOURS** of training
within **3 MONTHS**; additional **3**
HOURS within **9 MONTHS** of hire

Basic services defined with **NO**
REQUIREMENT for therapeutic
activities

Alzheimer's Community Care Specialized Adult Day Care Center Locations:

Palm Beach County: Boca Raton, Delray Beach, Lake Worth, Pahokee, Palm Beach Gardens, Wellington, West Lake Worth, West Palm Beach; *Martin County:* North Stuart; *St. Lucie County:* Ft. Pierce, Port St. Lucie



To find out how Alzheimer's Community Care can help
you, please call (561) 683-2700 or visit: www.alzcare.org



Council on Aging of St. Lucie, Inc.

Your portal to independent living services
772-336-8608
www.coasl.com



2501 SW Bayshore Blvd., Port St. Lucie, FL 34984



1505 Orange Avenue, Fort Pierce, FL 34950

The Council on Aging of St. Lucie, Inc. is a private non-profit organization committed and dedicated to assisting senior adults and their families with information, opportunities, and services that promote independence and enhance quality of life.

Our team of trained care managers are experienced in geriatric care and the unique issues associated with the aging process; possessing over 20 years of experience.

Our Adult Day Club, “Club Bayshore”, provides a safe, supervised setting for frail adults or those experiencing physical or cognitive challenges. Opportunities are provided to our guests to participate in current events, light exercise, arts & crafts, field trips, games and activities in a home-like, non-medical setting. A continental breakfast, lunch and afternoon snack are provided.

In home dining, by way of a home delivered meal isn’t all we contribute. We also provide human contact, conversation and a connection to the outside world that many of our aged neighbors would lack without our daily contact. Overall well-being is improved through daily contact with a caring volunteer/employee.

Senior Dining Centers allow those who are able to travel to and from one of our three meal sites the opportunity to receive a hot nutritious meal, participate in activities and socialize.



Community Transit, under the umbrella of the Council on Aging, provides St. Lucie County’s Public Transportation Service.

Visit www.treasurecoastconnector.com to learn more.

Now providing ROUTE SHOUT, an app for your smartphone; a convenient way to track your travel time.

Welcome to the Treasure Coast Connector Plus, serving St. Lucie County. We will make every effort to ensure that your trip is a great one! Connector Plus buses stop only at designated bus stops. To find the stop closest to you, check the route map or call Customer Service. Please arrive at your stop five minutes ahead of schedule. Our drivers make every attempt to be at a stop at the designated time, but traffic flow and weather conditions may cause slight variations in schedule times.

Transportation offices are located at:
1505 Orange Avenue
Fort Pierce, FL 34950
(772) 464-7433

DIVISION OF SENIOR SERVICES



THE DIVISION OF SENIOR SERVICES (DOSS)

is under the umbrella of the Community Services Department.

DOSS administers a continuum of care through programs and services to older adults, 55 years of age and older and their caregivers residing in Palm Beach County. DOSS has been serving older adults in Palm Beach County since 1977.

Staff is multi-lingual in Creole, Spanish and English;

Case Management staff are bachelor or master degree professionals. DOSS operates in

four(4) locations:



**Palm Beach County
COMMUNITY
SERVICES**

Helping People Build Better Communities



ADMINISTRATION OFFICE

810 Datura Street
Suite 300

West Palm Beach 33401
(561) 355-4746



Programs include:

*Active Senior Centers

offering educational, recreational and social classes to promote positive health and well-being;

*Structured Adult Daycare Centers

providing group social and recreational activities with health monitoring;

*Beneficial Nutrition Programs

including Congregate and HomeDelivered Meals;

*Essential Case Management

providing in-home assessments to determine older adult's needs and coordinate/manage in-home services;

*Emergency Home Energy Assistance Program (EHEAP);

*Information, Outreach and Referral;

*Volunteer Opportunities

stipend and non-stipend include Senior Companion, RELIEF and upcoming Veterans Independence Program;

*Caregiver Support

Powerful Tools for Caregivers and

*Adult Protection Services.

North County Senior Center/ North County Adult Day Care

5217 Northlake Boulevard
Palm Beach Gardens 33418
(561) 694-5435

Mid County Senior Center/ Mid County Adult Day Care

3680 Lake Worth Road
Lake Worth 33461
(561) 357-7100

West County Senior Center

2916 State Road #15
Belle Glade 33430
(561) 996-4808

[HTTP://WWW.PBCGOV.COM/COMMUNITYSERVICES/PROGRAMS/SENIORSERVICES/](http://www.pbcgov.com/communityservices/programs/seniorservices/)

Florida Rural Legal Services (FRLS)

Florida Rural Legal Services, Inc. (FRLS) is a non-profit law firm dedicated to providing quality civil legal advice, representation and education for low income people and communities. FRLS strives to be a relevant force in the lives of its clients. FRLS utilizes all forums and strategies available for legal advocacy, within the limits of its funding to pursue its mission in the most effective and economical manner.

FRLS provides free civil legal assistance to low-income elderly people and indigent families in the following thirteen counties of South Central Florida; Charlotte, Desoto, Glades, Hardee , Hendry , Highlands, Indian River , Lee , Martin , Okeechobee , Palm Beach , Polk and St. Lucie County. FRLS also provides legal assistance to migrant farmworkers throughout the state of Florida.

FRLS provides assistance with the following types of legal problems: Housing, Bankruptcy, Individual and Civil Rights , Consumer Law, Employment Law, Family Law, Foreclosures, Health, Public Benefits and Elder Law issues.

Florida Rural legal Services is dedicated to providing justice through aggressive advocacy and community partnerships.



For more information contact us at:

Belle Glade

1540 NW Avenue "L", Suite 103
Belle Glade, Florida 33430
561-993-0003
561-993-0004 fax

Ft. Myers

3210 Cleveland Avenue,
Suite 101
Ft. Myers, Florida 33901
239-334-4554
239-334-3042 fax

Ft. Pierce

121 North 2nd Street, Fourth Floor
Fort Pierce, Florida 34950
772-466-4766
772-489-3176 fax

Lakeland

1321 E. Memorial Blvd.
Lakeland, Florida 33801-2103
863-688-7376
863-683-7861 fax

Punta Gorda

512 Grace Street, suite 128 & 130
Punta Gorda, Florida 33950
941.505.9007
941.505.9626 fax

West Palm Area

2051 Martin Luther King Jr. Blvd.
Suite # 101
Riviera Beach, Florida 33404
561-820-8902
561-820-8892 fax

www.frls.org



COUNCIL ON AGING OF MARTIN COUNTY, INC.

Living Well ... At Any Age!

The Council on Aging of Martin County's mission is to be the primary provider of life-saving and life-improving services for seniors in Martin County.

The Council is a private, non-profit 501(c)3 organization that has been serving the community for more than 40 years. Programming focuses on helping seniors live well at any age; remaining independent, healthy and as active as possible.

Our Key Services

Kane Medical Group

Adult Day Club

Care Management

Caregiver Resources

Meals on Wheels & Senior Dining Centers

Kane Cuisine

The Charles and Rae Kane Center

The Kane Center, home of the Council on Aging of Martin County, is a multi-generational facility offering a wide range of services for seniors, their families and caregivers, and the greater Treasure Coast community.

The Kane Center is designed to serve all seniors from the active to the frail through social, wellness, medical, nutritional, educational and cultural programming. Intergenerational events for the general public are also offered.



The Kane Center hosts an array of year-round classes, programs and events that help seniors stay active, healthy and involved in the community. The schedule includes fitness and educational classes, clubs, special events, concerts and more.

Kane Members enjoy many benefits including discounts, advance notice of activities and special member-only events.

Regular business hours are Monday-Friday from 8 a.m. to 5 p.m. Stop by for a tour!



LEGAL AID SOCIETY OF PALM BEACH COUNTY, INC.



Our mission is to provide high quality civil legal advice, representation and education to the disadvantaged of Palm Beach County so as to protect their personal safety, enhance their opportunities and living conditions, and promote self-sufficiency.

We currently have projects specifically aimed at ensuring the elderly and disabled residents of Palm Beach County have equal access to our justice system for their civil legal needs. For more information, please contact us at 561-655-8944.

Legal Aid Society of Palm Beach County, Inc.
423 Fern Street, Ste 200
West Palm Beach, FL 33401
www.legalaidpbc.org





Okeechobee Senior Services

HELPING SENIORS MAKE THE MOST OF THEIR SUNSET YEARS

Our mission is to provide access to activities, resources and services to residents of Okeechobee County, age 60 and above, that promote mental and physical well-being, preserve independence, and improve their quality of life while protecting their rights and dignity.

The Lottie Raulerson Senior Center

Stimulating the minds, exercising and nourishing the bodies, and as often as possible, tickling the funny bones of seniors who attend.

Monday – Friday, 8:00 am – 5:00 pm
1690 NW 9th Avenue, Okeechobee, FL 34972



In-Home Supportive Services

Enabling homebound seniors to realize their wish to remain in their homes.

Okeechobee Senior Services makes this possible for many in our community by providing assistance with homemaking and personal care tasks, respite to relieve a caregiver, home-delivered meals, and professional case management to assist them with accessing these and other needed services.





SERVING OUR COMMUNITY

Senior Resource Association provides services to support independence and dignity of older adults and transportation for all throughout Indian River County.

MEALS ON WHEELS

Alleviates isolation and hunger with hot, nutritious meals delivered by our friendly volunteers.

ADULT DAY CARE

Provides social, therapeutic and health services for adults age 18+ at the only state-licensed centers in Vero Beach and Sebastian.

TRANSPORTATION

Community Coach provides pre-arranged transportation for eligible riders. Visitors and residents of all ages can ride our GoLine buses.



FOR MORE INFORMATION:

Call 772.569.0760

SeniorResourceAssociation.org

FOLLOW US ON FACEBOOK





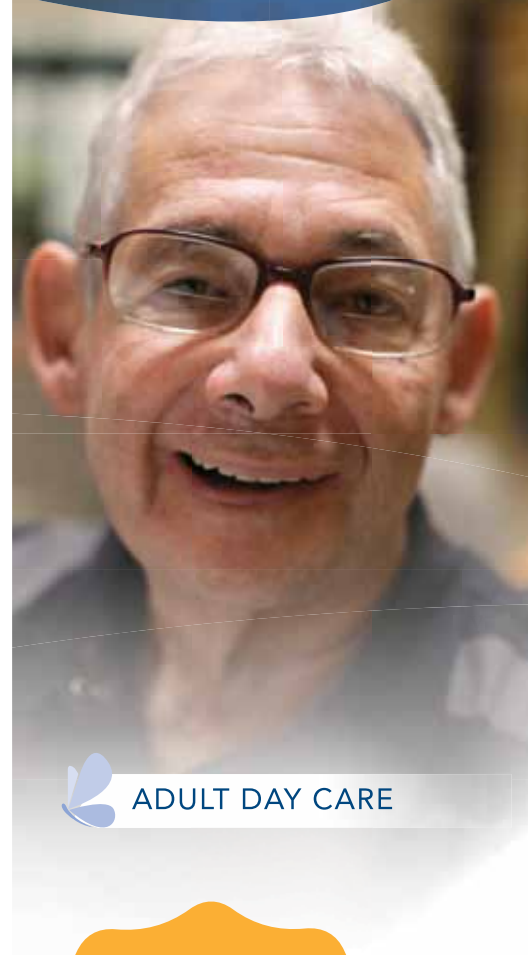
Together we make community happen.



LIFE ENRICHMENT



CHILDREN'S DAY CARE



ADULT DAY CARE

SO HAPPY TOGETHER

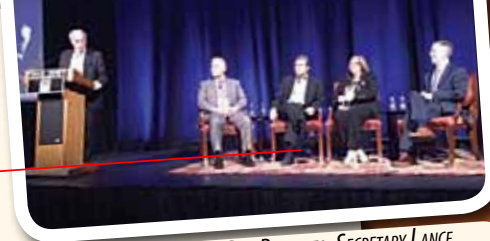
People love gathering together. Whether it's to share, to bond, or to help one another, we are all at our best when we're together. Join in the fun with us at the Volen Center, where together, we make community happen.

Care doesn't end with our client; **we offer support and counseling for those caring for a loved one.** Inquire today about our no cost caregiver support groups!

ACTIVITIES | EDUCATIONAL CLASSES | EXERCISE PROGRAMS | INTERGENERATIONAL PROGRAMS | ADULT DAY CARE

1515 West Palmetto Park Road, Boca Raton, FL 33486
TOLL FREE 866.711.6872

volencenter.com



PANEL ~ (L TO R) BOB BLANCATO, SECRETARY LANCE ROBERTSON, DR. JAMIE HUYSMAN, KERRI BOYD AND JEFF JOHNSON

FOR IMMEDIATE RELEASE

November 15, 2017

Contact: Trish Ernst, Director, Communications, Area Agency on Aging of Palm Beach/Treasure Coast, Inc.
(561) 684-5885

Area Agency on Aging Hosts Assistant Secretary for Aging Lance Robertson and author/psychologist Dr. Jamie Huysman at 4th Circle of Care Celebration Luncheon

West Palm Beach, FL – Presented by AARP Florida, Your Aging & Disability Resource Center celebrated its 29th anniversary and its future at the 4th annual **Circle of Care Celebration Luncheon** at the Kravis Center Cohen Pavilion on November 9, 2017. Featured guest presenters included newly appointed Assistant Secretary for Aging Lance Robertson; Dr. Jamie Huysman, Vice President of Provider Relations and Government Affairs at WellMed Medical Management, well-known for his work fiercely advocating on behalf of family and professional caregivers; and, Jeff Johnson, AARP Florida State Director.

With a very special focus on caregiving and, in particular, caregiving for veterans, this year's event provided an opportunity to draw national attention to a truly critical need. The Agency announced the new veteran's directed care program which is called VIP for Veterans Independence Program. It is an enhanced program to include Powerful Tools for Caregivers providing practical, educational information to those with the very difficult and often overwhelming job of caregiving. And, through a partnership with Palm Beach County and the VA, the RELIEF program will offer family members and loved ones providing constant care a much-needed break.

"America's veterans, and those who care for them when they can no longer care for themselves, deserve the best we can offer," said AARP's Florida state director, Jeff Johnson. "AARP Florida congratulates the Area Agency on Aging of Palm Beach and the Treasure Coast on its service to our veterans."

In the nonprofit world, age symbolizes strength, endurance and security in an unpredictable environment. The Area Agency on Aging represents a solid, essential entity dedicated to promoting, supporting and advocating for the independence, dignity and wellbeing of seniors, adults with disabilities, veterans of all ages and those who care for them in a manner that values diversity, reflects the communities we serve and embraces the collaboration of the aging network.

For more information about Your Aging & Disability Resource Center, your local Area Agency on Aging's programs, services, volunteer opportunities, sponsorships or donor contributions visit www.YourADRC.org or call (561) 684-5885 and ask for Trish.

- END -

Serving Seniors in Palm Beach • Martin • St. Lucie • Indian River • Okeechobee Counties

Palm Beach Office:

4400 North Congress Avenue
West Palm Beach, Florida 33407
(561) 684-5885 • Fax (561) 214-8678



SECRETARY ROBERTSON WITH VFW



SECRETARY ROBERTSON

WE PROMOTE INDEPENDENCE, DIGNITY, HEALTH AND WELLBEING.

Through each life stage, we provide seniors and adults with disabilities in our community with programs and services that promote their independence, dignity, health and wellbeing. For their caregivers, we strive to ease the confusion and anxiety of caring for a loved one in their later years. By administering programs supported by local, state and federal funding, along with the generosity of individuals and organizations, we work to improve the quality of life for those whose lives we touch.

We...Help. The heart and soul of Your Aging & Disability Resource Center is the Helpline which is the gateway to publicly funded services for seniors provided under the Older Americans Act. If you are looking for help to enroll in Medicaid, information and assistance, food or in home services, Your Aging & Disability Resource Center's Helpline is here to help. If you are in need of adult day care, home delivered meals, respite care, congregate meals, personal care or prescription savings, the Helpline may be able to help. We also provide energy-related financial assistance on an individual basis to keep the power on or fix a broken heating or cooling system.

We...Empower. We provide a variety of services that make it possible for elders to live independently in their own homes, including home-delivered meals, in-home help, nutrition education, transportation, medical supplies and outreach companionship. Our Healthy Living Center's focus is on prevention, intervention, chronic disease management, wellness screenings and education to empower and improve quality of life.

We...Enrich. Our programs enhance the lives of seniors by offering opportunities for them to reach out to the community and connect with all ages in a meaningful way. We recruit, train and place volunteers to provide supportive services to others, including respite for caregivers of elders, enabling them to remain self-sufficient and independent. Our Foster Grandparent Program enriches the lives of low-income seniors (and many children) by giving them the opportunity to serve as mentors and tutors to children in pre-K through third grade.

We...Educate. We provide health education on important issues such as medication management, osteoporosis, injury prevention, mental health and Alzheimer's disease. To help seniors make sense of the often complicated Medicare programs, our SHINE (Serving the Health Insurance Needs of Elders) volunteer counselors provide health insurance counseling, including decoding medical statements, filing claims, and, when necessary, processing appeals.

We...Comfort. Our caregiver support programs help relieve the emotional, physical and financial hardships of individuals providing care through a variety of services, including training, counseling, group adult day care programs, housing improvements, legal services and medical supplies when necessary.

We...Advocate. We provide assistance to elders who are victims of a crime through personal advocacy, criminal justice support and assistance in filing for victim compensation claims. In accordance with the Older Americans Act, we comment on all actions affecting seniors and their welfare. We are active in policy development and provide training to advocates on senior issues.





Your Aging & Disability Resource Center

Area Agency on Aging

PALM BEACH / TREASURE COAST, INC.

Helpline

1.866.684.5885

Call us if you're looking for help with..

- MEDICAID Long Term Care
- Home Delivered Meals
- Respite for the Caregiver
- Adult Day Care
- Alzheimer's specific respite
- Personal Care/Homemaker
- Caregiver Stipend
- Electric Bill Assistance

Your Aging & Disability Resource Center's **Helpline** is the number to call when you need information and guidance on resources available to seniors, adults with disabilities and their caregivers.

Life gets a bit more complicated as we get older.
It's good to know where to turn.





**Your Aging & Disability
Resource Center**

Area Agency on Aging
PALM BEACH / TREASURE COAST, INC.

Línea de Ayuda
1.866.684.5885

Llamenos si está buscando ayuda para:

- Medicaid Cuidado a Largo Plazo
- Comidas a Domicilio
- Relevo para el Cuidador
- Cuido para Adultos
- Repiro Especifico de Alzheimer's
- Cuidado Personal/Ama de Llave
- Estipendio Cuidador
- Asistencia para Pagar la Luz

La linea de ayuda para personas mayores es el número a llamar cuándo necesitas información y guianza en recursos disponibles para las personas mayores y sus cuidadores

La vida se complica cuando nos envejecemos.
¡Es bueno saber adónde acudir!



Benefits Enrollment Center

About the BEC Program

- ◇ The Benefits Enrollment Center is a grant funded program through the National Council on Aging.
- ◇ The BEC at Your Aging & Disability Resource Center is a new program available in Palm Beach County for low income residents with Medicare.
- ◇ The national BEC program was implemented in 2009. Since then, BECs have assisted over 400,000 older adults and people with disabilities with over 600,000 applications for benefits estimated to be worth over \$1 billion. – *National Council on Aging*

You may qualify for additional help!

Benefits Enrollment Centers provide free assistance to low income Medicare eligible seniors and persons with disabilities to identify and apply for benefits programs:

- ◇ **SNAP/Food Stamps**
- ◇ **Medicaid**
- ◇ **Low Income Home Energy Assistance Program (LIHEAP):**
- ◇ **Medicare Part D Extra Help/Low Income Subsidy (LIS) Program**

Call us today to schedule a BEC appointment!
1.866.684.5885

Volunteer Opportunities at the Benefits Enrollment Center!

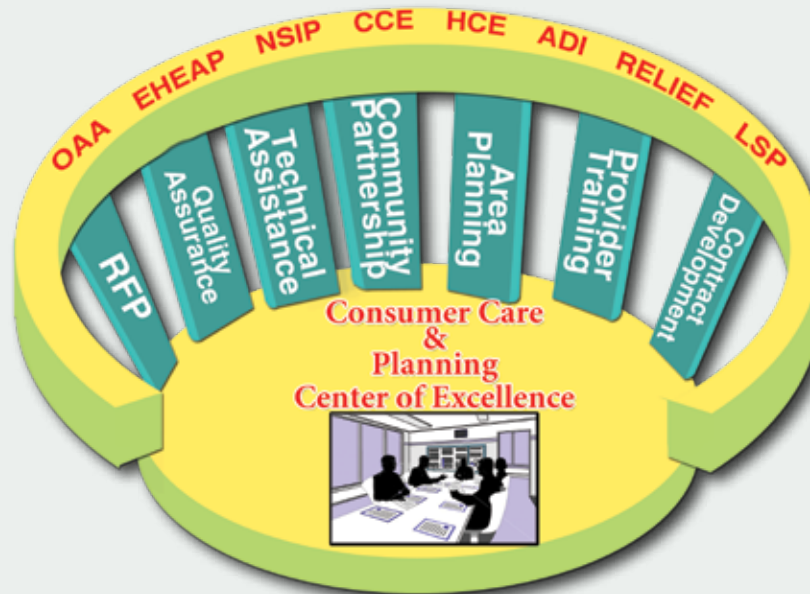
- ◇ Be part of an amazing team!
- ◇ Set your own schedule!
- ◇ Feel gratification by helping those in need!
- ◇ Become a Volunteer Application Specialist today!

Call the BEC for more information



CONSUMER CARE AND PLANNING

CENTER OF
EXCELLENCE



The Consumer Care and Planning Center of Excellence (COE) is responsible for oversight of approximately \$18 million of subcontracted services across 8 state and federal funding sources with 15 contracted providers. Additional critical responsibilities include:

PSA (Planning and Service Area) Strategic Plan Development

Needs Assessment
Public Hearings
AAAPB/TC Goals and Objectives
SWOT Analysis
Performance Analysis

Request for Proposal (RFP)

Manages the competitive bid process for Older Americans Act (OAA) and Community Care for the Elderly (CCE) Lead Agencies

Contract Development

Draft 40 contract templates annually for Provider contract issuance, renewals and amendments

Quality Assurance

Annual Quality Assurance Reviews
Quarterly File Reviews
Invoice Audit Reviews
Nutrition Program Reviews
Data Integrity Reviews
Monthly Encumbrance Analysis Reviews of Provider Expenditures

Technical Assistance to Providers

Contract Requirements
DOEA Programs and Services Handbook
Client Information and Registration Tracking System (CIRTS)

Provider Training

New case managers
Adult Protective Services (APS)
Leadership Orientation

Developing Community Partnerships

Senior Distribution Site Development and Coordination ❖ Disaster preparation and recovery
ELMORE ❖ Healthier Boynton Beach ❖ United Way of Palm Beach County
United Way of St. Lucie County ❖ Palm Beach Health Care Coalition
Health Council of Southeast Florida ❖ Palm Tran Service Board
Palm Beach County Respite Coalition

ELDER RIGHTS CENTER OF EXCELLENCE

The **Elder Rights Center of Excellence** helps seniors and their loved ones prevent, respond to and recover from crimes, abuse, neglect and exploitation.

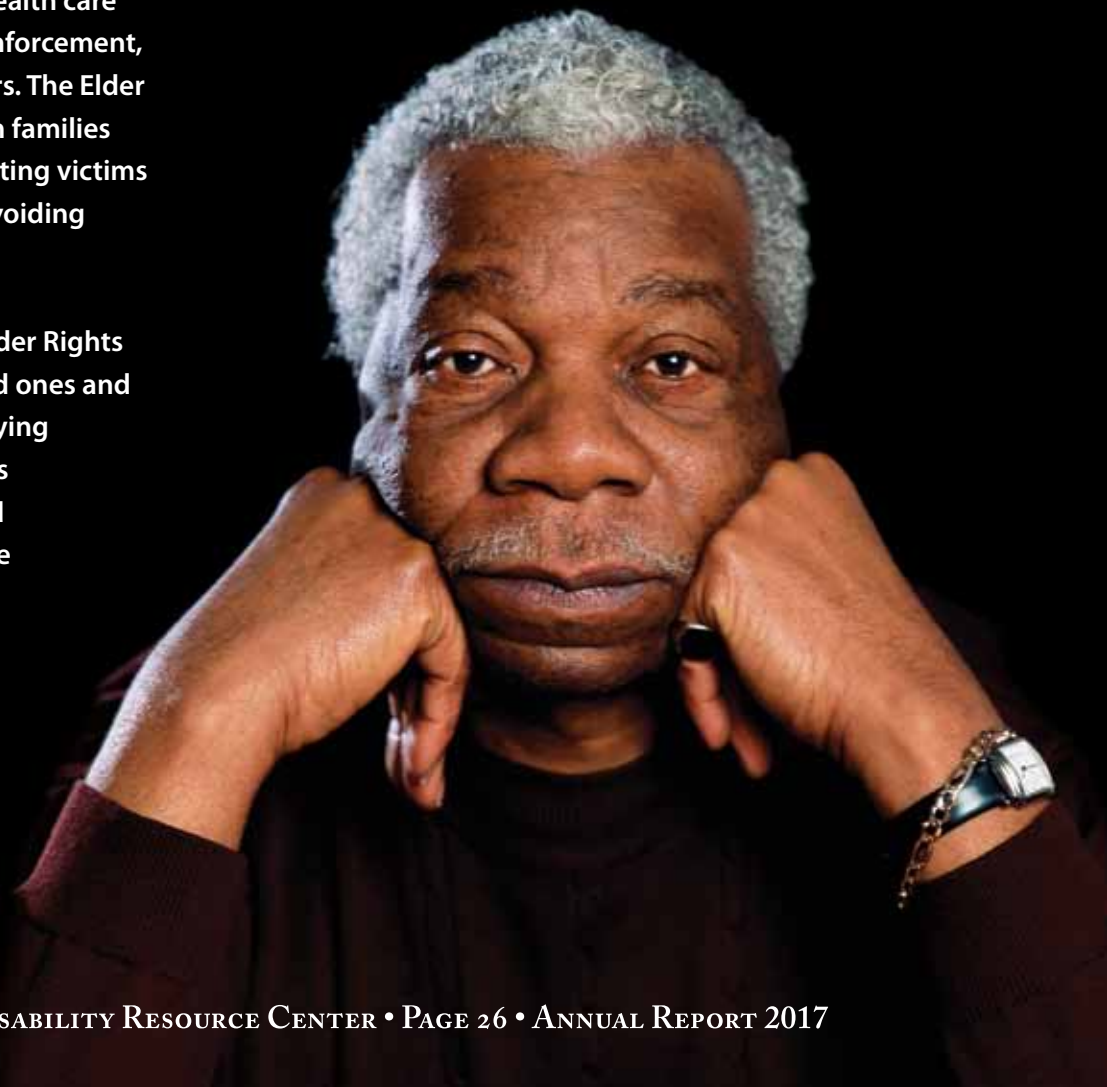
Advocacy for Senior Crime Victims – The Elder Rights Center of Excellence provided direct assistance to more than 7200 senior crime victims who collectively lost more than 15 million dollars, primarily to fraud and exploitation. Victims receive an array of services in order to assist them to regain their dignity and sense of security and to remain in the least restrictive setting for as long as possible. Our valued Senior Advocacy Volunteers reach out to crime victims to share information and resources and inform seniors of their rights to victim compensation and waiver of insurance deductibles for **crime victims** over 60. This year Elder Rights started offering intensive services for seniors who were victimized multiple times or had extremely complex legal financial situations resulting from fraud or exploitation.



Crime Prevention – Our staff and volunteers keep track of **current scams**, trends and **prevention tips** so we can share them with others. **Contact us** to schedule a free crime prevention presentation for your group of seniors. Favorite topics include: Frauds and Scams, Holiday Safety, and Preventing Abuse, Neglect and Exploitation.

Professional Training – The Elder Rights Center provided training to more than 400 professionals in the aging network, including health care professionals, educators, law enforcement, social workers and even builders. The Elder Rights Center also consults with families and professionals who are assisting victims in recovering from a crime or avoiding further victimization.

Public Awareness – The Elder Rights Center helps seniors, their loved ones and caregivers fight back by identifying the most common crimes, offers tips on how to avoid crimes and how to report crimes if you have been a victim. The Elder Rights Center provides resources on how to respond to identity theft, how to find low cost legal assistance, and information on current scams.



FOSTER GRANDPARENT PROGRAM

CENTER OF EXCELLENCE

The Foster Grandparent Program is an intergenerational volunteer program that provides one-on-one mentoring and tutoring to children with special and exceptional needs in pre-k through 3rd grade.

The Program has a dual purpose - to enhance the lives of children with special needs through a caring mentoring relationship and to provide a high quality experience that enriches the lives of the senior volunteers.

Last year 137 Foster Grandparents volunteered 118,040 hours to touch the lives of 544 children in Martin, Okeechobee, Palm Beach and St. Lucie counties

If you might be interested in making a difference in the life of a child, please call 561.684.5885 and ask for the Foster Grandparent Program.

According to end of year progress reports completed by the classroom teachers for the children receiving one-on-one tutoring and mentoring from a Foster Grandparent

- 96% of children pre-k through kindergarten showed overall improvement
- 86% of children in 1st through 3rd grade showed overall improvement
- 98% of children in 1st through 3rd grade showed improvement in reading





Your Aging & Disability
Resource Center
Area Agency on Aging
PALM BEACH / TREASURE COAST, INC.

Pre-K Mentoring Program

A new approach to ensuring all 3 and 4- year-olds are ready for success in school
and a life of learning.



Based on the nation-wide Foster Grandparent Program model (est. 1963), the Pre-K Mentoring Program is a new initiative for 3 and 4-year-olds at childcare centers in Riviera Beach and surrounding areas to increase their readiness for Kindergarten through a supportive, one-on-one relationship with a mentor.

Mentors are senior volunteers (ages 55+) with the Area Agency on Aging, and in most cases are from the same communities as the childcare centers. This inter-generational approach bridges the youngest and oldest generations, strengthening bonds within the community.

By developing close relationships with mentors, children learn the social-emotional skills to prepare them for life-long learning such as listening and asking questions. This also helps children to build a foundational understanding of what positive relationships can look like with adults outside of their family; which can lead to stronger and happier relationships with teachers, coaches and other adults in the future.

**Discover how you can share your time, wisdom and experience
to make a difference in the life of a child.**

Please call 561.684.5885 extension 59238 and ask for Mildred



**“I alone cannot change the world,
but I can cast a stone across the waters to create many ripples.”**

Mother Teresa



HEALTHY LIVING CENTER OF EXCELLENCE

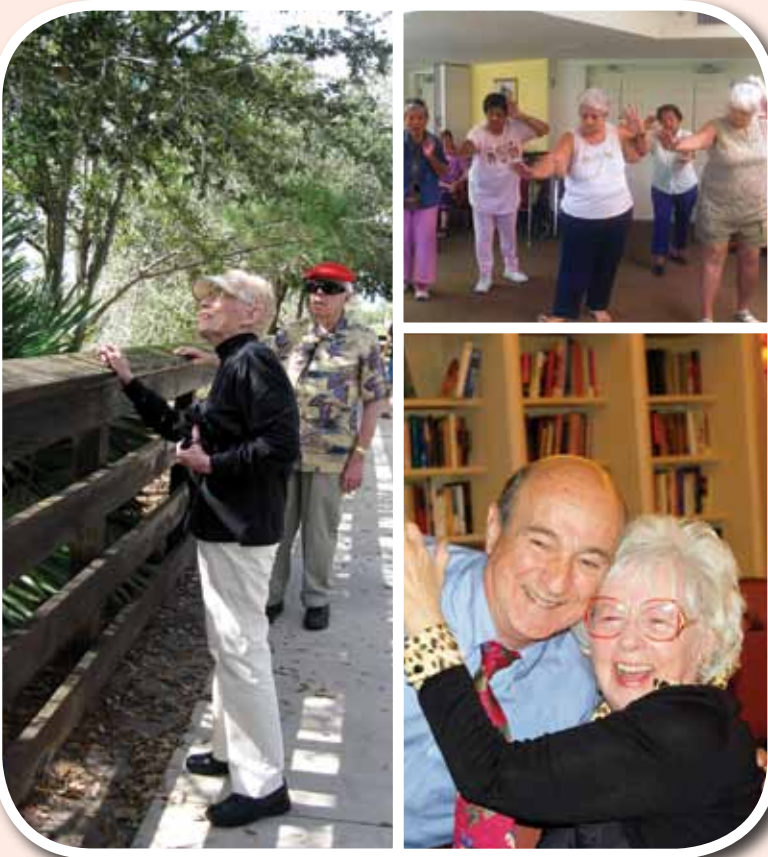
The Healthy Living Center of Excellence offers opportunities to enhance the quality of life and improve the wellbeing of seniors.

The following evidence-based programs, offered in English and Spanish, are a resource to medical practices, faith based organizations, community organizations, caregivers and individuals looking for assistance and relief.

If you would like to:

- Improve your balance and prevent falls
- Be a part of a caregiver support program
- Gain tools to cope with stress, depression, grief, exhaustion, guilt and find resources
- Be trained to work with seniors in a specific program
- Offer a program to your residents, patients, congregation or community members

**please call 561.684.5885 x 59237
or email lherrera@YourADRC.org**



Living Healthy Workshops

will provide the support you need to find practical ways to deal with pain and fatigue. You will discover better nutrition and exercise choices, learn about available resources and how to make an action plan that will help you achieve your goals.



Diabetes Self-Management Program

will enable you to regain control of your health or support your loved one in a more effective manner. Learn to deal with the problems that are present with diabetes, recognize warning signs and what to do and to prevent complications and develop healthy habits.



A Matter of Balance

is an 8-week evidence-based program designed to reduce fear of falling and increase activity levels. A Matter of Balance acknowledges the risk of falling but emphasizes practical coping strategies to reduce this concern including a series of exercises designed to build strength, flexibility and balance.



Tai Ji Quan Moving for Better Balance

is a gentle form of physical activity ideal for seniors who have uncertain balance and a fear of falling. If you're looking for a way to reduce stress and gain confidence about your balance, consider Tai Chi. Tai Chi promotes serenity through gentle movements connecting the mind and the body.



Tai Chi for Arthritis, Balance and Health

has been developed specifically to reduce the pain and stiffness and improve the quality of life for people with arthritis.



Powerful Tools for Caregivers

will help with: taking care of you; managing your emotions; reducing personal stress; your mental health; communicating effectively; hiring in-home help; and loss, grief and end-of-life. Powerful Tools for Caregivers will provide you with the tools and strategies to reduce guilt, anger and sadness and increase confidence in coping with caregiving demands.

HUMAN RESOURCES CENTER OF EXCELLENCE

Human Resources has the tremendous opportunity and responsibility to create initiatives that support Agency success and have a significant impact on the organization's performance, while focusing on our most valuable asset- our employees.



CEO Jaime Estremera-Fitzgerald pictured with newly hired employees at the staff holiday party.

The Agency focuses on four core values that affect not only how we work internally as a team, but also how we relate to our clients and our community partners. Our values are humility, gratitude/appreciation, responsibility/accountability and respect. Accepting and practicing these values in how we conduct ourselves in the workplace as well as in the community, lay the foundation for true teamwork... the key to achieving excellence and ensuring it's a great place to work!

The goal of Human Resources is to foster the feeling of family within the Agency by developing and

recommending to our CEO ways to strengthen both teamwork and adherence to our values. We strive to hire only those candidates who demonstrate a passion for the Agency mission.

Human Resources plays a pivotal role in two committees here at the Agency: the Safety Committee and the Employee Relations Committee (ERC). We take employee safety very seriously by educating staff on emergency procedures, providing safety tips, identifying areas of potential concern and making enhancements as necessary. The ERC takes suggestions from staff and plans events such as our staff

retreat designed as a FUN way to motivate/reward employees while fostering teamwork.

We are so fortunate to work every day in a culture that allows us to help our clients and our employees have a better quality of life. We are also happy that our organization offers great benefits such as: Medical Insurance; retirement plan; flexible work arrangements; generous vacation and holiday leave; Tuition Reimbursement along with a variety of opportunities for personal and career growth and development; and a fragrance free work place.



L to R: Ligia Hardy, Shelley Naughton, Karen Roberts accepting the award

We are proud to have been recognized for our Innovative and Effective Workplace Practices in May 2017 as a recipient of the prestigious When Work Works Award, presented by the Society of Human Resources Management.



The award goes beyond work-life programs and includes initiatives that address additional evidence-based aspects of effective workplaces: autonomy; supervisor support for job success; co-worker support for job success; satisfaction with earning, benefits and opportunities to advance; opportunities for learning; and a culture of trust, respect and belonging.

INFORMATION TECHNOLOGY CENTER OF EXCELLENCE

The IT Center of Excellence is responsible for the technological needs of the Area Agency on Aging. This includes the acquisition, maintenance and support of our technology. When we hear or read about emerging technologies, we make it our business to understand how these technologies can further our mission. We consult with staff to get their perspective. We also work closely with fiscal to make sure we budget for the new technology. Once we implement the technology, we train the staff how to use it.

The agency has indeed acquired many technologies over the years either to support new initiatives or simply to create operating efficiencies. Our main goal is to save the organization money through technology that supports our mission. The IT Center of Excellence employees a Director, a Business Analyst and an Application Programmer.



Our technologies fall under two categories ~ hardware and software.


AGENCY HARDWARE TECHNOLOGY:

- Phone System
- Cell Phones
- Data Servers
- Firewall
- Security Camera System
- Physical Security System
- Network Switches
- Desktops and Laptops
- Copiers and Printers
- SAN – Storage Area Network

SOFTWARE TECHNOLOGY INCLUDES:

- Business Applications
- MIP - Accounting System
- Evolution – Human Resource and Payroll
- Smart Search - Document Management System
- REFER – Client Referral System
- CIRTIS - Client Tracking System
- Oscar - Foster Grandparent Program Application
- EVC - Elder Victims of Crime Application – Victim Assistance
- Quality Assurance – Helpline Staff Evaluation
- Contact Sweet – Helpline Management

ORGANIZATIONAL INTEGRITY CENTER OF EXCELLENCE



The Organizational Integrity Center of Excellence provides leadership for the Agency's compliance with federal, state, and local laws, regulations and guidelines.

This COE works closely with each Director to plan, organize, direct and lead staff towards the process of quality improvement. The Director of Organizational Integrity effectively implements activities designed to assist each COE set quality measures ultimately achieving their goals with process improvement.

The Organizational Integrity Center of Excellence ensures the Agency appropriately protects the confidentiality, availability and integrity of all Agency information. The Director of Organizational Integrity serves as the Agency's designated Privacy Officer by developing, implementing and providing ongoing monitoring of all business associate agreements; establishing and maintaining a mechanism to track access to protected health information; establishing and administering a process for receiving, documenting, tracking and investigating complaints concerning the organization's privacy policies and procedures in coordination with legal counsel, when applicable.

This COE also handles a myriad of other duties not limited to strategic initiatives, contract compliance, internal monitoring and serves the Agency as an extension to each Center of Excellence by ensuring excellence and quality is each Center's main priority and focus providing value-driven results while maintaining accountability and transparency.



SHINE CENTER OF EXCELLENCE

SHINE volunteers provide FREE unbiased information to Medicare beneficiaries, disabled adults, their caregivers and the community at large. **SHINE** is funded by the Centers for Medicare & Medicaid Services and is administered by the Florida Department of Elder Affairs in partnership with your local Area Agency on Aging, Your Aging & Disability Resource Center.

SHINE volunteers are available to provide community education through group Medicare related presentations and participation in senior health and resource events.

Good Medicare Guidance is easy to find

Specially-trained counselors provide FREE counseling and assistance with Medicare, Medicaid and other health insurance questions by providing one-on-one counseling at SHINE sites in person or over the telephone.

Counseling Services:

- Medicare Eligibility and Enrollment
- Medicare Health Plan Choices (Advantage Plan)
- Medicare Coverage Billing Issues and Appeals
- Supplement (Medigap) Policies
- Help applying for the Low Income Subsidy with prescriptions and Medicare Savings Program
- Medicaid for Dually Eligible Medicare Beneficiaries
- Employer or Military Coverage
- Screening for Medicare cost savings programs



SHINE services are free, unbiased and confidential.

Make a Difference - Volunteer for Shine

Join the SHINE team of volunteers and make a real difference in the lives of seniors and disabled adults in your community. For more information, contact **SHINE** at 866.684.5885.

If your organization has extra office space for a SHINE volunteer, please let us know!

FREE. UNBIASED. CONFIDENTIAL.

Your trusted source for information about Medicare



Call 1.866.684.5885
if you're looking for help with...

- Medicare
- Medicare supplement plans
- Medicare savings & extra help
- Prescription drug costs
- Plan comparisons
- Billing and claims
- Rights and protections



**Ask about becoming a
SHINE Volunteer**





**We provide
a **Circle of Care**
which promotes
independence, dignity,
health and wellbeing
for seniors, adults with
disabilities, veterans and
caregivers.**

Through each life stage, we provide seniors and adults with disabilities in our community with programs and services that promote their independence, dignity, health and wellbeing. For their caregivers, we strive to ease the confusion and anxiety of caring for a loved one in their later years. By administering programs supported by local, state and federal funding, along with the generosity of individuals and organizations, we work to improve the quality of life for those whose lives we touch.

We help.

The **Helpline** is the number to call for help with

- ◆ Medicaid Long Term Care
- ◆ Home Delivered Meals
- ◆ Respite for the Caregiver
- ◆ Adult Day Care
- ◆ Information and Assistance
- ◆ Avenues to Food and Nutrition
- ◆ In-home Services
- ◆ Prescription Savings
- ◆ Personal Care
- ◆ Electric Bill Assistance

We educate and empower.

Our **Healthy Living Center of Excellence** offers evidence-based workshops on chronic disease self-management, fall prevention Matter of Balance and Tai Chi as well as education to empower and improve quality of life.

We enrich.

Our **Foster Grandparent Program** enriches the lives of low-income seniors (and many, many children) by giving them the opportunity to serve as mentors and tutors to children in pre-K through third grade.

We advocate.

Our **Elder Rights Center of Excellence** provides assistance to senior victims of crime through personal advocacy, criminal justice support and assistance in filing for victim compensation claims. In accordance with the Older Americans Act, we comment on all actions affecting seniors and their welfare. We are active in policy development and provide training to advocates on senior issues.

Your **ADRC** Foundation!



**Your Aging & Disability
Resource Center Foundation**

Area Agency on Aging

PALM BEACH / TREASURE COAST, INC.

Your Aging & Disability Resource Center Foundation is a 501(c)(3), not-for-profit corporation created exclusively for charitable purposes in support of Your Aging & Disability Resource Center, your local Area Agency on Aging of Palm Beach/Treasure Coast, and the aging services network it oversees.

The objective of our Foundation is to raise the necessary funds to create a quick and timely funding response to the critical unmet needs of seniors, adults with disabilities and their caregivers in Planning & Service Area 9 encompassing Palm Beach, Martin, St. Lucie, Indian River and Okeechobee counties.

Through our Foundation, we hope to offer prospective donors, such as you, comprehensive fund development and planned giving programs that offer new ways of giving that satisfy both your financial interests as well as your philanthropic goal.

We are cultivating a network of relationships with the professional wealth management community – a Planned Giving Advisory Council -- to help both you and the Foundation achieve this goal.

If you are interested, please contact:

Trish Ernst

Director of Charitable Giving

Ternst@YourADRC.org

561.214.8612



**Your Aging & Disability
Resource Center Foundation**

Area Agency on Aging

PALM BEACH / TREASURE COAST, INC.

Your Aging & Disability Resource Center Foundation

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Suzanne Richards
Jim Watt

Do you wish you could do more but are concerned about the impact on your lifestyle?

There are many ways to “do more” if your gifts are well planned. Planned giving combines financial planning, estate planning and tax planning methods that allow a donor to make immediate gifts that DO NOT impact your family’s cash flow, lifestyle or security but DO offer tax and financial rewards.

Can anyone make planned gifts?

Yes! Anyone can make a gift to Your ADRC Foundation that not only costs nothing during your lifetime but also offers specific tax savings and financial benefits for example by:

- Naming Your ADRC Foundation as a beneficiary of a will, a trust or an insurance policy;
- Directly transferring to Your ADRC Foundation all or part of the required minimum distribution from your IRA (if you are 70 1/2 or older);
- Making a gift of appreciated securities;
- Making a gift of other appreciated property that is “out of sight, out of mind” such as unused real estate or tangible property.

Where may I turn for advice on gift planning?

- Your attorney
- Your Broker or Financial Planner
- Your CPA
- Trish Ernst, Director of Charitable Giving at Your Aging & Disability Resource Center Foundation, 1.866.684-5885.

I want to know more about planned gifts. Please send me the following brochures

(Check selections)

- | | |
|--|---|
| <input type="checkbox"/> “Art of Gift Planning” | <input type="checkbox"/> “Ideas for Retirement” |
| <input type="checkbox"/> “A Special Beneficiary” | <input type="checkbox"/> “Your IRS Legacy” |
| <input type="checkbox"/> “Update Your Will” | <input type="checkbox"/> “IRA Gift Opportunities” |
| <input type="checkbox"/> “Bequeath your Values” | <input type="checkbox"/> “Gifts of Securities” |
| <input type="checkbox"/> “Planning for Women” | <input type="checkbox"/> “Memorial Giving” |

Name: _____ Age: _____

Spouse’s Name: _____ Age: _____

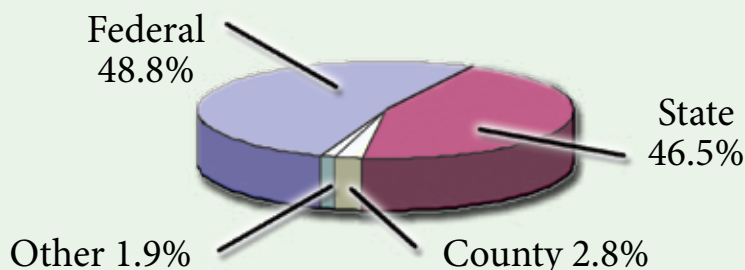
Address: _____

City _____ State _____ ZIP _____

Telephone _____

Return to: Trish Ernst, Director of Charitable Giving
Your Aging & Disability Resource Center Foundation, Inc.
4400 North Congress Avenue
West Palm Beach, FL 33407
1.866.684.5885 • www.YourADRC.org

TOTAL FUNDING \$22,573,716



Federal Sources

Corporation for National & Community Service	527,786
Emergency Home Energy Assistance for the Elderly Program	368,357
Florida Office of the Attorney General	200,146
Medicaid Assistance Program	485,659
Nutrition Services Incentive Program	536,036
Older Americans Act	8,507,148
Serving Health Insurance Needs of Elders	401,517
Total Federal Sources	\$11,026,649

Florida Department of Elder Affairs

Alzheimer's Disease Initiative	4,099,503
Community Care for the Elderly	5,366,256
Home Care for the Elderly	653,186
Local Services Programs	267,996
Respite for Elders	
Living in Everyday Families	101,675
Total Florida Department of Elder Affairs	\$10,488,616

County Sources

Children's Services Council of Okeechobee County	19,032
Palm Beach County Board of Commissioners	332,992
Palm Beach County Sheriff's Office	39,036
United Way of Palm Beach County	235,866
Total County Sources	\$626,926

Other Sources

Donations	4,870
Others	426,655
Total Other Sources*	\$431,525

**Elders receive 92.7% of total funding in programs and services.*

TOTAL DISTRIBUTION OF FUNDING \$22,573,716



Total Contracted Services Provided** \$16,277,047

Adult Day Care	832,184	Education & Self-Management Programs	155,906	Medication Management	48,117
Caregiver Basic Subsidy	258,638	Emergency Alert Systems & Response	68,927	Nutrition Education/Counseling	40,250
Caregiver Support & Training	173,916	Emergency Home Energy Assistance	335,456	Personal Care	1,415,013
Case Management	1,337,739	Home Health Aide	292,000	Respite-Facility	2,701,609
Chore	37,851	Homemaker	1,385,829	Respite-In Home	2,210,413
Companionship	336,780	Legal Assistance	361,043	Screenings & Assessments	325,504
Counseling	156,179	Meals-Congregate	1,581,919	Transportation	898,660
Crisis Services	48,765	Meals-Home Delivered	1,994,173	Others	56,831
		Medical Equipment/Supplies	299,241		

***Contracted Services represent over 2,000,000 units of services to elders.*

Direct Services Provided

Aging & Disability Resource Center	2,068,943
Education & Outreach	122,364
Foster Grandparent Program (FGP)	782,684
Serving Health Insurance Needs of Elders (SHINE)	401,517
Elder Rights Programs	260,449
Healthy Living Programs	104,885
Total Direct Services Provided	\$3,740,842

Program Management

Alzheimer's Disease Initiative	0
Community Care for the Elderly	67,988
Emergency Home Energy Assistance for the Elderly Program	32,901
Home Care for the Elderly	70,590
Respite for Elders Living in Everyday Families	17,922
Older Americans Act Administration	876,431
Palm Beach County Board of Commissioners Match	332,864
Other	81,235
Total Program Management***	\$1,479,931

****Total fundraising expenses were \$60,788*

Thank You to those who supported us in 2017

FOUNDERS

Jonathan Cameron-Hayes

BENEFACTORS

Bob Frank | Gary Uber

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Wellington Equestrian Partners

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LEADERSHIP CIRCLE

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An Answer to Care
Atlantic Personnel & Tenant Screening
Brown & Brown Insurance
Calidus Management
ComForCare Senior Services
Cresthaven East
Michael Dyer
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MDH Printing
MorseLife Foundation
Palm Beach County
Palm Beach County Medical Society
Palm Beach County Sheriff's Office
Partnership for Aging Palm Beach County

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VITAS Healthcare
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Alzheimer's Association
of South Florida
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Charmed Life Homecare, LLC
Children's Home Society
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CPT of Florida
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Education Foundation of Palm
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C. K. Emrick

Trish Ernst
Esta Feinsod
FirstLantic Healthcare
Staci Flaxer
Florida Outreach for the Blind
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Nancy Warshofsky
Jim Watt
Carolyn Welsh
Zeta Tau Alpha Palm Beach County

GIFTS IN HONOR OF:

Peggy Kavounas

GIFTS IN MEMORY OF:

Richard Hart
Peggy Kavounas
Tony and Danuta Ostrowski

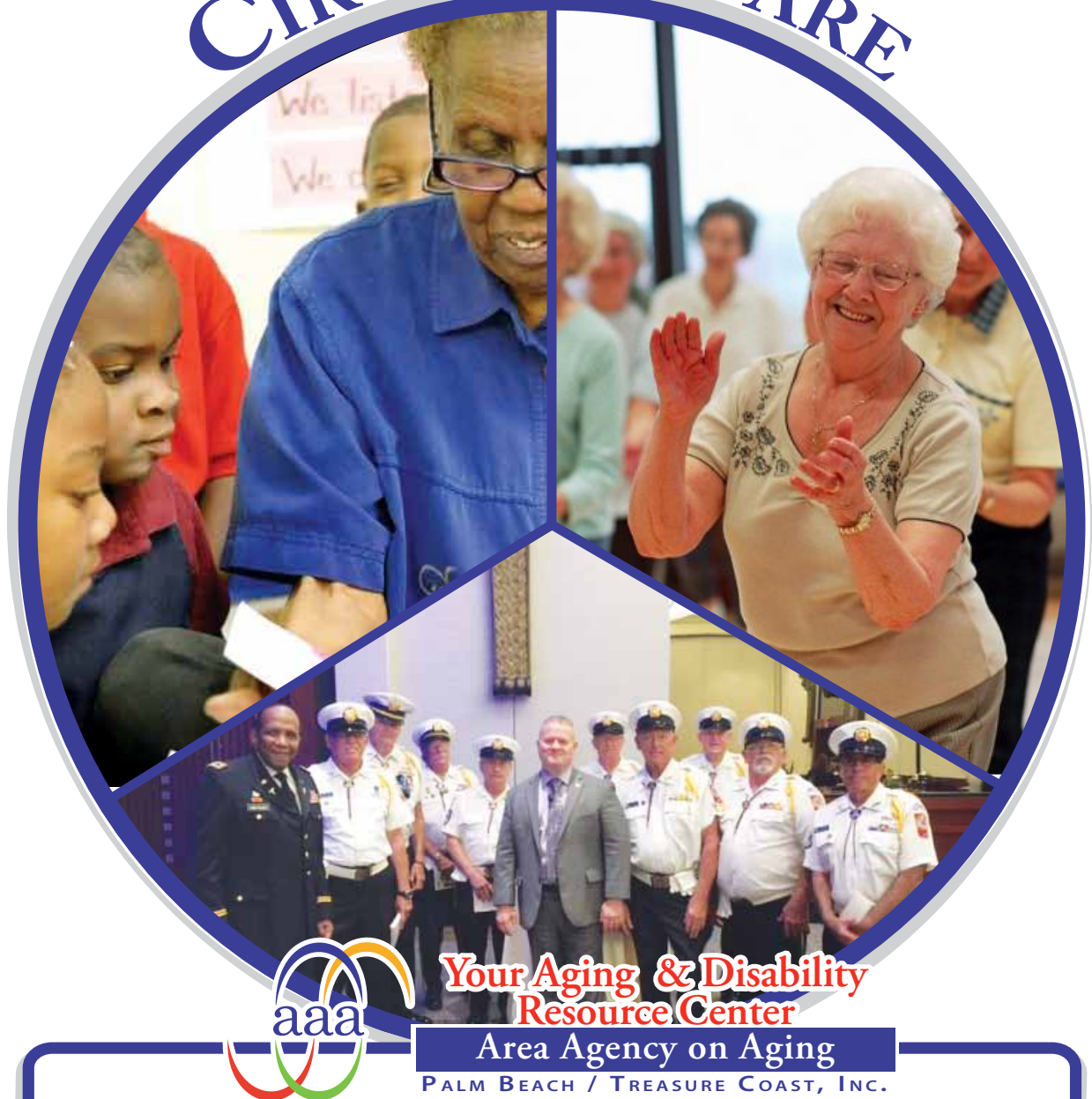
John and Eva Schmidt
Eugene Schmitt



Your Aging & Disability
Resource Center
Area Agency on Aging
PALM BEACH / TREASURE COAST, INC.

THANK YOU to our Aging Network
for its dedication to our seniors and their caregivers

CIRCLE OF CARE



**Your Aging & Disability
Resource Center**

Area Agency on Aging

PALM BEACH / TREASURE COAST, INC.

Sometimes all it takes is just a **little bit of help**. A little help might come in the form of a hot home-delivered meal, help with a bath or transportation. Our typical consumer is an 82 year old woman living alone and hoping to be able to stay at home. Please join our Circle of Care to celebrate her hope and make that possible. Call 561.684.5885 or donate now at www.YourADRC.org

OUR MISSION

is to promote, support and advocate for the independence, dignity and wellbeing of seniors, adults with disabilities, and those who care for them in a manner that values diversity, reflects the communities we serve and embraces the collaboration of the aging network.

NUESTRA MISIÓN

es promover, apoyar y abogar por la independencia, dignidad y el bienestar de las personas mayores, adultos con discapacidades y aquellos que los cuidan en una manera que valora la diversidad, refleja las comunidades que servimos y abraza a la colaboración de la red de envejecimiento.